



CHILDREN'S WORKSHOP NEWSLETTER

WHAT WE'RE LEARNING

This week we have been exploring the story of the 'colour monster' a great way to introduce the topic of feelings and emotions in a simple, visual, and relatable way whilst teaching emotional literacy. We have also explored remembrance day and children in need - thank you for your donations!



Our rainbow children have been identifying differing emotions, talking about their feelings - what makes them feel a certain way and why. There was a real buzz as the children drew over each-other's faces using clear boards, this allowed us the opportunity to talk about our differences! During remembrance day the children have established a good understand about why it is important to remember the soldiers and say thank you for their bravery.



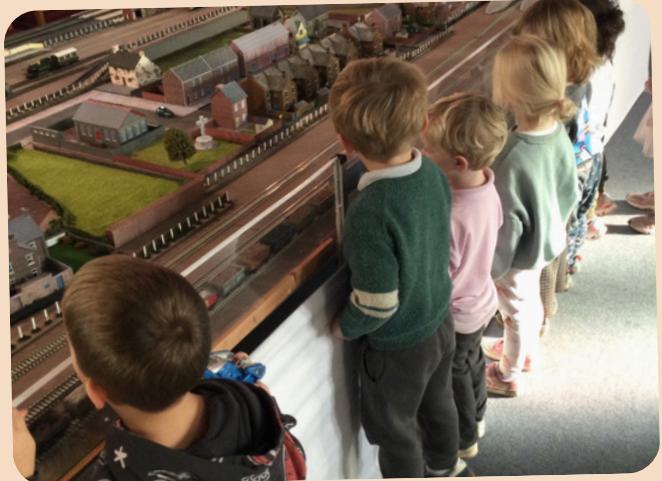
Our children in sunbeams have enjoyed exploring the different colours that the colour monster story have to offer, we have been naming different emotions and our song of the week has been "if you're happy and you know it" implementing different emotions in there too. The children have really enjoyed our messy play opportunities as always, rescuing pom poms and mixing paints together have all been a hit this week!



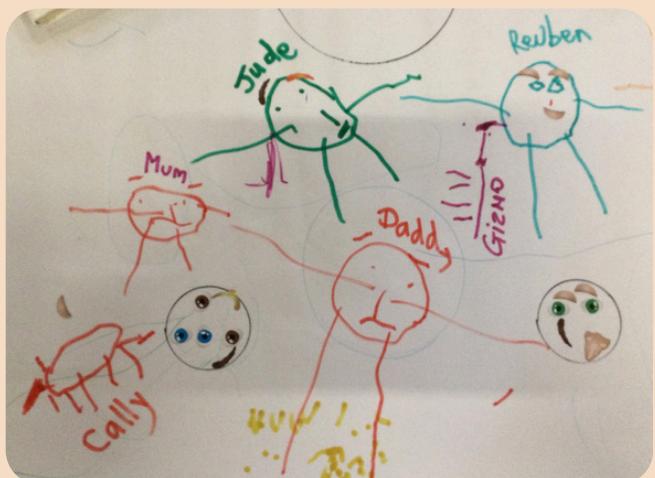
TAKE A CLOSER LOOK:



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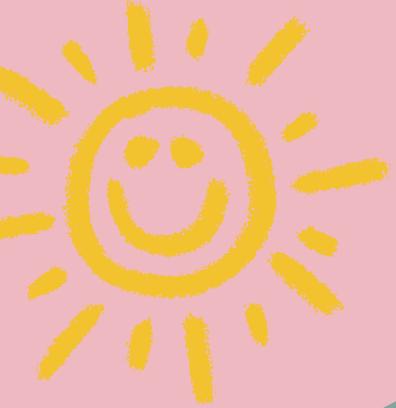


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Parent information:

As the weather gets cooler, please remember to send your child with **warm, labelled** clothing for outdoor play.

We love exploring outside, whatever the season!

Thankyou to those who have donated to our foodbank collection, we were able to donate a box full of goods, in line with our kindness value of the month, we will continue to donate throughout November,

Thank-you, as always, for your support and enthusiasm - it makes our preschool community shine as brightly as ever.

Term dates:

Autumn term (14 weeks)

Monday 3rd November - Thursday 18th December.

Monday January 5th - February 13th 2026.

SAVE THE DATE!

Wednesday 17th December: Mince pie and mingle. - **information has been sent out.**

Thursday 18th December: Christmas party, all children invited!

STAFF OF THE WEEK:

Get to know us!



Hi! I'm Anna and I come all the way from Spain. I love anything creative and spending my spare time making things or learning new skills. I also enjoy spending time outdoors and I love running. I also enjoy teaching Spanish to the children.

I have two lovely daughters and a cat called Leo and we enjoy spending our time together doing crafts and taking day trips into London!

HOME LEARNING:

Emotion jar craft:

Paint or decorate a jar to represent an emotion from the day - you can let your child place an object in the jar that matches how they feel.

Role-play the colour monster:

Read the story and act out each emotion - use movement and facial expressions, ask questions like “what helps when you feel red (angry)?”

Emotion sorting game:

Cut out pictures that show different emotions (smiling, crying, scared, calm etc) - lay out each coloured card and sort the pictures onto the matching colour.

This month our value of the month is 'kindness' - share on Tapestry a moment your child has displayed kindness and we will send them home with a special kindness certificate!



Value of the month:

KINDNESS

I can:

- Use kind words - saying “please” and “thank you” can help our friends feel happy.
- Share and take turns - whether it’s toys, paints, or space in the sand tray, sharing shows we care about others.
- Help a friend - offer a hand if someone needs help putting on their coat, tidying up, or finding a toy.
- Include everyone - when we play, we can invite someone to join us.
- Show gentle hands - we use our hands for helping, building, creating, and hugging - not for hurting

Children's Workshop

Golden Rules



Be kind:

- Gentle hands
- Kind words
- Caring for our toys



Be safe:

- Walking inside
- Hands to ourselves



Be ready:

- Listening ears
- Looking eyes

