

Friday 24th June

This week has had a very sporty theme with Sport's Day being our main event. The children have been keeping fit in the Flying Start Gym, talking about foods that can keep our bodies healthy and have tried out various sports such as bowling, tennis, throwing and keep fit moves. Some of the children have enjoyed the Exercise Your Name activity, which involves looking for letters from their name and completing the exercise marked next to it. A great opportunity to talk about the effects of activity on our bodies. Heart rates were up and we worked up a sweat! The children were able to suggest ways to cool down before we did it all again!

Thank you to all our families who came along to our Sports day on Tuesday. It was lovely to see so many of you there to cheer on the children. We were so proud of how well the children stepped up to the challenge of each race. It's incredibly daunting for the little ones, especially in front of so many adults, but they showed confidence, resilience, independence and a great team spirit. Lastly, thank you to the staff, who's excellent preparation and organisation ensured the smooth running of the morning.

School Preparation:

This week the children have been talking about visiting their new schools. Some have already been and talked excitedly about meeting their teachers and others are looking forward to upcoming visits. This week's activity was focused on maths but also on working as a team to create a number line.



Farm Visit on Wednesday 29th June

The session will run from 10am – 12pm with staff taking small groups of children outside at a time. If your child doesn't usually attend on a Wednesday, you are more than welcome to join us any time between 10am and 12pm, but we ask you **remain with your child**.

Makaton this week

To run

Song of the week:

**Head, shoulders, knees
and toes**

Term Dates

Summer Term 13 weeks

Wed 29th June – Farm Visit

Thurs 21st July - End of term at **12:00pm**

21st July – Picnic and graduation

<https://www.flyingstartmolesey.com/term-dates>

Value of the Month is:

Honesty

- Honesty is telling what really happened.
- Honesty is telling the truth.
- Honesty is when you don't tell a lie, you don't cheat.
- Honesty is keeping your promises.
- When I feel honest, I feel clear inside.
- When I am honest, I can learn and help others learn to be giving.
- The heart of honesty is fairness.
- Honesty creates trust.

